

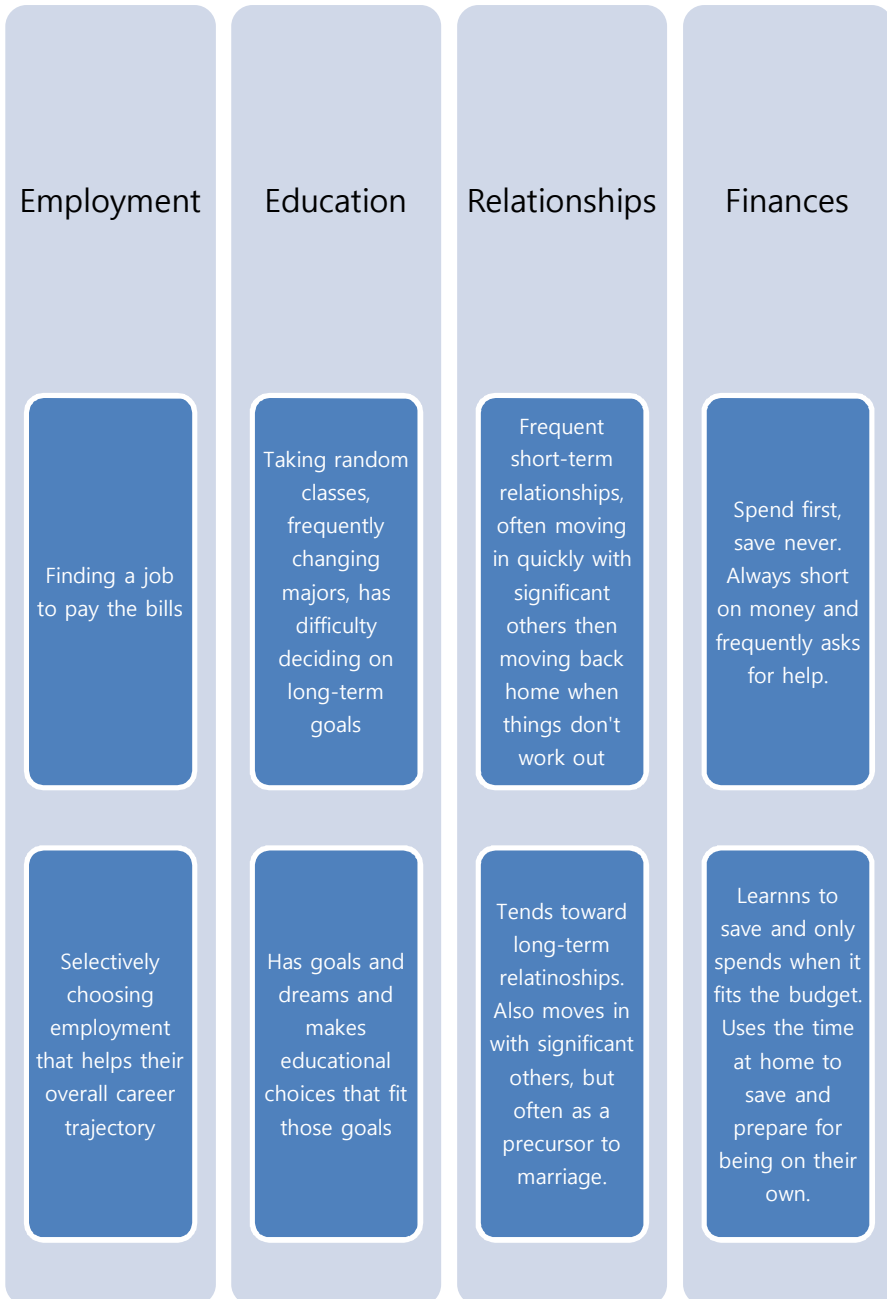
Session 8: Home Again

Desired Outcomes
Learn about kids moving home
Are you helping or hindering?
Create a plan

1. Open with prayer or invite someone else to open with prayer.
2. Lead the group through the check-in. You may want to remind them to keep their time to 1-3 minutes and that they can use the space in the workbook to jot down notes about what others share.
3. Ask if anyone has an issue that they would like to spend more time on later in the session (Work).
4. Share these current statistics on young adults living at home:
 - Three in ten of 18-30 year olds live with their parents^{xviii}
 - 52% of recent college graduates live with their parents^{xix}
 - 51% of Canadian 20-29 year olds live with their parents^{xx}
 - Term “boomerang child” is now in Webster’s dictionary: “a young adult who returns to live at his or her family home especially for financial reasons^{xxi}”
5. Treadmill vs. Track
 - Discuss the following thoughts. Either read or summarize.

There are generally two types of young people that return (or stay) at home. The first are analogous to running on a treadmill: they work really hard but don’t go anywhere. The second are analogous to running track: they put out the same effort but end up in a different place than where

they started. The chart below gives some of the differences in mindset as it relates to different parts of life.



6. Discuss the personal application question from the manual: How will allowing your child to live at home help or hinder them on their path to successful adulthood?

- **If your child is a “treadmill” child, having them live at home may actually be detrimental to their development into adulthood.**
- **If your child is a “track” child, they can use the time at home to prepare and get a good start on adulthood.**
- **Most young adults do not fit neatly into one category. Can you set the boundaries that you need to set in order to make living at home a good experience of you and your child?**

7. Discuss the Potential Issues to Consider and the Creating a Plan sections. Simply walk through them one at a time. They should spur good conversation.

8. If anyone has Work, take that time now.

9. Closing prayer.